

One must have a profound faith in the fact that one and the same True Nature is possessed of all sentient beings, both ordinary and enlightened, and that this True Nature is only covered up and made imperceptible in the case of ordinary people by false sense impressions.

Bodhidharma

Bodhidharma. Zen Teaching of Bodhidharma. Translated by R. Pine. New York: Weatherhill, 1987.

One experiences emptiness, brightness and purity. Inwardly, one's mind is delighted. One feels tranquil and blissful. There are no situations wherein one is covered over by the hindrances. The mind of goodness comes forth and manifests. One's faith and reverence increase and grow. One's mirror of wisdom becomes clear and bright. The body and mind become supple and pliant. One experiences a subtle and marvelous emptiness and quiescence. One develops a revulsion for and abhorrence of the world. There is nothing which one feels needs to be done and one remains free of desires. One remains sovereignly independent in one's ability to emerge from and enter into

Zhiyi

Zhiyi. Essentials for Practicing Calming-and-Insight and Dhyana Meditation. Translated by B. Dharmamitra. Seattle, WA: Kalavinka Press, 2008.

It is through faith that one gains entry.

Zhiyi

Zhiyi. Essentials for Practicing Calming-and-Insight and Dhyana Meditation. Translated by B. Dharmamitra. Seattle, WA: Kalavinka Press, 2008.